

5-Day Prayer Guide

Prayer is a powerful spiritual practice that affects every area of your life. But so many of us struggle to stay consistent in prayer. That can change today.

To build the mindset of faithfulness, I've curated a 5-Day Prayer Guide to help you create a consistent habit of talking with God.

So, will you pre-decide to be faithful in prayer? Here are five prayers that can propel you into a consistent daily habit of prayer.

To be clear, these aren't magic prayers that instantly turn you into the ultimate prayer warrior. Instead, they're an accessible way to start your prayer time. To make it easy to remember, I've used the acronym **FAITH**.

Day 1: Help Me to Be Faithful

Start here:

Dear God, You are faithful to me. Please help me to be faithful as I seek You. Please drive away distractions and help me stand firm against the temptation to quit. I haven't always been consistent, but I know that with Your strength, I can be faithful.

Now pray in your own words:

As you continue to pray, reflect on God's faithfulness in your life. How has He changed you? Thank Him for all He's done, and invite Him to continue the process of growing your faith.

When you're done, close your prayer with, *in Jesus' name, amen*.

Day 2: Anchor Me in Your Love

Start here:

Dear God, I find my hope, strength, and comfort in You. Help me remain anchored in Your love so I can confidently follow You today. Please show me how I can boldly represent You to people in my life.

Now pray in your own words:

As you continue in prayer, think about people in your life who are far from Jesus. In your own words, ask God to reveal ways you might lead them to know the grace, love, and acceptance found in Christ.

When you're done, close your prayer with, in Jesus' name, amen.

Day 3: Inspire Me to Make a Difference

Start here:

Dear God, You made me to be a world-changer. So please inspire me to make a difference in my home, church, and community. Please remind me of the gifts You've given me, and reveal the people who need what I have to offer.

Now pray in your own words:

Pray for the people around you—in your home, workplace, or community. Consider their specific needs and how God has uniquely gifted you. Then ask God to inspire you to find ways to serve others this week.

When you're done, close your prayer with, *in Jesus' name, amen.*

Day 4: Fill Me With Trust

Start here:

Dear God, I trust You, even when life feels uncertain. Help me to let go of my worries and anxieties so I can find rest in You. You hold the future in Your hands, so I don't need to fear tomorrow.

Now pray in your own words:

Express your fears, concerns, and worries to God. Big or small, if it matters to you, it matters to God. So openly share what you need, and ask God to increase your trust in His power.

When you're done, close your prayer with, *in Jesus' name, amen.*

Day 5: Give Me a Humble Attitude

Start here:

Dear God, You are God, and I am not. My life is not my own. So please help me honor You with my choices. Help me resist selfish desires and find ways to humbly serve, give, and sacrifice so I can be a blessing to others.

Now pray in your own words:

Continue to pray for humility. In your own words, ask God to reveal areas of pride and for help removing them from your life.

When you're done, close your prayer with, *in Jesus' name, amen.*

You can be faithful.

You have what it takes to be faithful. So find a time that works for you, and commit to pray every day. If you miss a day, don't miss two. Give yourself grace and start again.

If you'd like more on making a habit of prayer, as well as some additional example prayers, check out this article from Life.Church: www.go2.lc/prayers